

ANNUAL REPORT

2022 - 2023



MISSION

To work with others in the provision of health and social services that meet the needs of our community.



VISION

The sustainable health and well-being of the community.

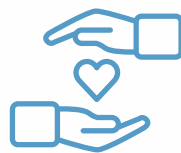


VALUES

We are client centered and welcoming. We act with compassion and integrity.

OUR IMPACT

14,861 *days*
of food provided to South
Frontenac families in need



115 *individuals*
supported by our Visiting
Hospice program

over **12,000**
hours of time donated by
238 *volunteers*

1,200 *congregate
dining meals
served to*
427 *clients*



2,270 *drives*
provided by volunteers for client
medical appointments, social
outings, and errands

2,123
individuals
served by our foodbank



32,751
services

provided through support
programs for seniors



20,765

nutritious hot and frozen
Meals on Wheels provided

5,062
participants

in Grace Social Activity Centre's
social and exercise programs



Message from the Board Chair and Executive Director

As our 33rd year draws to a close, there is a lot to reflect on and be thankful for.

Thanks! Together, we are Making a Difference

The **Township of South Frontenac** continues to support our efforts to bring programs and services to the community. From their generous support of the #BUILDWITHGRACE campaign, to the use of their facilities to host programs, as well as including us in community events, they remain a strong partner.

More than 200 **volunteers** were actively engaged with us last year, helping seniors and those less fortunate with food, meals on wheels, medical drives, fitness, socialization and so much more.

Our Board and staff members, were all committed to helping as many people as possible throughout the pandemic recovery. Our future is full of excitement. We have a roadmap of where we need to go and we have a very dedicated team.

Thank you to our **funders**, who value and support the work of SFCSC, but especially our community who continues to financially give what they can in precarious economic times. It truly is a team effort and together we are stronger.

To those who turn to us for support; whether a hot meal, a ride, a food hamper or companionship in one's last days, thank you for trusting us to help. We will continue to be there and do everything we can to support your needs to remain safe and healthy in your rural home.

Reflections on the year gone by

Community First Grace Expansion - Build with Grace. It is hard to believe that we started this desire for better facilities way back in 2011 when we, fortunately, were able to acquire the Grace Centre. With thanks to the Township and other donors to date, the portables are gone, shovels are in the ground and walls are starting to form. We are at close to 75% of our goal that will make this a reality – but we need your help to get over the finish line. We hope that everyone in our community will find a way to support this campaign.

Programs and Services. Programs and services continue to grow. In 2022-2023, we delivered almost 33,000 services. While the Food Bank has moved into Grace Hall for the duration of the build, we continue to provide all our programs. Visit our website or call to get updated information on where to find them.

Looking Ahead- The Next Year

We hope you will stay closely connected as this upcoming year will be full of excitement. Watch the building continue to grow! Welcome to our new Executive Director, Heather Rogers, a familiar face to the SFCSC family. The Board agrees that Heather is the ideal candidate for SFCSC's next chapter of growth & success. Delivering our programs in the midst of a construction site is no easy task, but our team is working harder than ever to make sure seniors and vulnerable families in South Frontenac continue to get the help they need. We plan to reach out farther into the community to provide services to more seniors. We are confident of the positive impact we will continue to have in the lives of our seniors and those in need.

From the two of us, we are proud to lead this dynamic group of staff and volunteers, eternally grateful to the community that supports us and to our clients, whom we are glad to say we helped in some small way. It is such an honour to serve such a caring and vibrant community that supports both our seniors and those in need.

Thank you.

Greg Fisher
Chair, Board of Directors

Heather Rogers
Executive Director

SIMPLIFIED FINANCIAL STATEMENTS

Balance Sheet March 31, 2023

ASSETS

Cash & Investments	\$1,370,546
Receivables	99,845
Prepaid Expenses	6,636
Capital Assets	877,135
	\$2,354,162

LIABILITIES

Accounts Payable	\$210,121
Deferred Revenue	7,736
Deferred Contributions	702,577
Capital Expansion	247,870
Forgivable Loan	500,000

NET ASSETS

Invested in Capital	\$174,558
Reserve Funds	310,315
Restricted Funds	100,781
Unrestricted	100,204
	\$2,354,162

Revenues & Expenses Apr. 1, 2022 to Mar. 31, 2023

INCOME

From Funders	\$963,394
Client Fees	231,962
Fundraising	310,411
Other Sources	133,685
	\$1,639,452

EXPENSES

Salaries & Benefits	\$987,327
Direct Program Costs	315,781
Building Occupancy	67,562
Office Supplies	41,342
Professional Fees	63,567
Other Costs	66,759
Direct Client Subsidies	19,941
Information Systems	44,280
	\$1,606,559

Administration and Operating Costs Surplus

Food Bank	\$38,114
SFCSC	(\$5,221)

For a copy of the detailed, audited financial statements email heather.rogers@sfcsc.ca.